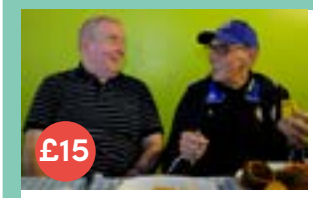
PLEASE SPONSOR ME!

SPORT RELIEF 2016
18-20 March

Name: .....
is doing .....
..... for Sport Relief

UK grant making 50:50 International grant making



In the UK, £15 could enable three isolated elderly people to go to a dinner club and make new friends.

£25 could pay for a young person in the UK who has faced domestic abuse to have a one-to-one counselling session to help them overcome their ordeal.

£10 could provide a child living on the streets of Nepal with access to basic health care services for a whole year.

£20 could pay for a health worker in Africa to be trained in diagnosing and treating children with malaria.

If you pay UK tax* and tick the Gift Aid box the Government will give us 25% on top of your donation, which we use to help cover our running costs. It won't cost you a penny. Please give your full name and home address and tick below or we can't claim Gift Aid.

giftaid it

Full name	Home address	Postcode		Total amount	Date collected
John Smith	A House, A Town	AB12 3CD	✓	£15	DD/MM/YY
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* You will need to have paid UK Income and/or Capital Gains Tax this year at least equal to the 25% Comic Relief, and any other charities or Community Amateur Sports Clubs (CASCs), will claim on your donations. Council Tax and VAT do not count for Gift Aid purposes.

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Go to sportrelief.com/dosanddonts to fundraise online, download more sponsorship forms and for advice on how to fundraise safely.

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Total raised

For office use only

YOU CAN PAY IN THE CASH YOU'VE RAISED IN THREE EASY WAYS:

BY POST Return this sponsorship form with a cheque made payable to "Sport Relief 2016 (Fundraise)" to **Sport Relief, EY, PO Box 51543, London, SE1 2UG**. This isn't our office address so unfortunately we won't receive letters sent there.

IN PERSON After Sport Relief in March you can pay your money in at any high street bank using a Sport Relief giro slip (just ask for one at the counter), at the Post Office (Freepay Account 6777), or at most building societies. Please send your paying-in receipt with this form to the address above so we can still claim Gift Aid.

ONLINE In the New Year you can also pay your money in using a credit or debit card at sportrelief.com/payin. Remember to enter your web payment reference below and send this form to the address above as well so that we can still claim Gift Aid.

Web payment reference

FRSB give with confidence

Details of person being sponsored

Title Full Name

Address

Postcode Signed (Parent/Guardian if under 16)

People like you are like gold dust to us so, if you enjoyed being a part of Sport Relief, we'd love you to be a part of our future campaigns too. It'd mean we'd send you a couple of things, per year, by post such as a Fundraising Kit. We also never share anyone's details with other organisations. If you'd rather not though, you can tick this box ☐

If you would like to receive this information by email, please write your email address here:

Read our privacy policy at sportrelief.com to see how we look after your information.

Sport Relief is an initiative of Comic Relief, registered charity 326568 (England/Wales); SC039730 (Scotland). Photo credits: Brian Sokol, Victoria Dawe, Rhian Ap Gruffydd. SR16_004