



Music



INTENT

A key priority in all key stages is a curriculum which allows a return to practical music making through singing and playing instruments. To ensure the safety of pupils and staff, this will be done in line with the DfE's current schools coronavirus (COVID-19) operational guidance.

IMPLEMENTATION

At Frodsham CE, we follow a diverse music scheme which enables learners to express themselves musically, using voice and instruments, within a range of genres and musicians. Through music children will benefit from opportunities to:

- Listen, compose and perform individually, in pairs and groups
- Develop social interaction and teamwork skills
- Connect and collaborate with peers
- Express themselves, control emotions, and apply mindfulness techniques
- Help each other, and promote kindness
- Develop confidence in exploring new techniques to express their work
- Be physically active: move, stamp, dance
- Develop their emotional response to mindful listening, live in the moment, & rediscover self
- Learn new skills, broken into manageable steps

IMPACT

Listening to and enjoying music has been proven to lower stress related hormones like cortisol and improve wellbeing. Following recent turbulent months of lockdown and home learning, it is more important than ever that pupils should be able to engage in a curriculum which is rich in musical, creative and artistic learning. Not only is music a valuable tool for children to support their emotional wellbeing but as part of a balanced curriculum also fosters opportunities for innovation and problem solving.