

Celebrating our achievements

This activity can help pupils look back over the year to see just how far they have come. Pupils will have had a range of experiences especially during lockdown, so it's important to value a broad variety of achievements. Celebrating these successes and how they make us feel can be a positive way to finish the year.

1. Encourage your pupils to think back on their favourite and more challenging moments this year. Were there things that they felt good/confident about and others that they struggled with? Did they learn something new during lockdown?
2. It can be a good idea to share what you feel has been an important achievement this year? E.g. being brave, finding ways to relax, learning who you can lean on for support.
3. Once pupils have had time to discuss, ask them to record a couple of achievements on the trophy template to take home with them. This activity can also be sent to those pupils who are still at home.

Things to consider:

- Some children may struggle to think of anything positive about the year. Identify these children before the session and be ready to highlight some of their achievements for them.
- Make sure that children know they do not need to share their achievements with the class, unless they really want to.
- When talking about your own successes, make sure you are comfortable with what you share with the children.



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